

DECEMBER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BIRTHDAY CELEBRATION 1 Chicken Florentine WG Pasta Mixed Vegetables Orange	2 Shepherd's Pie Mashed Potato Topping Peas & Carrots WW Bread Apple	3 Pork Posole Mixed Rice Black Beans & Corn Collard Greens Banana	4 Mongolian Chicken WG Pasta Green Beans Mandarin Oranges	5 Beef Sukiyaki Mixed Rice Zucchini & Carrots Pineapple
8 4-Cheese Ravioli Marinara Sauce Spinach Lentil Stew WW Bread Peaches	9 Hamburger WW Burger Roll Potato Salad Coleslaw Apple	10 Salisbury Steak Mashed Potatoes Peas & Carrots WW Roll Pineapple	11 Chicken Quesadilla W/ Pico de Gallo Black Beans Salad Mexican Rice California Blend Apple Sauce	12 Chicken Curry Sweet Potato Mixed Rice Mandarin Oranges
15 Sloppy Joe's Carrots Black Beans & Corn WW Sandwich Bun Orange	16 Ground Beef Casserole WG Penne Pasta Normandy Blend WW Bread Pineapple	17 Chicken Cordon Bleu w/ Bearnaise Sauce Mashed Potatoes Peas & Carrots WW Roll Apple	18 Moroccan Chickpea Stew Rice Pilaf Spinach Pineapple	19 Meat Lasagna Spring Mix Salad Italian Blend WW Bread Fruit Cocktail
22 CLOSED	23 CLOSED	24 CLOSED	25 CLOSED	26 CLOSED
San Marcos Senior Center closed December 22 – January 2.				
29 CLOSED	30 CLOSED	31 CLOSED	JAN-1 CLOSED	JAN-2 CLOSED
<i>Happy Holidays</i>				



Alternative meal choice: Soup and Salad Bar

WW = Whole Wheat
WG = Whole Grain



Musical Entertainment



Vegetarian



Meal contains 1,000+ mg of sodium



1% milk is served daily